



MOVIN' AND GROOVIN'

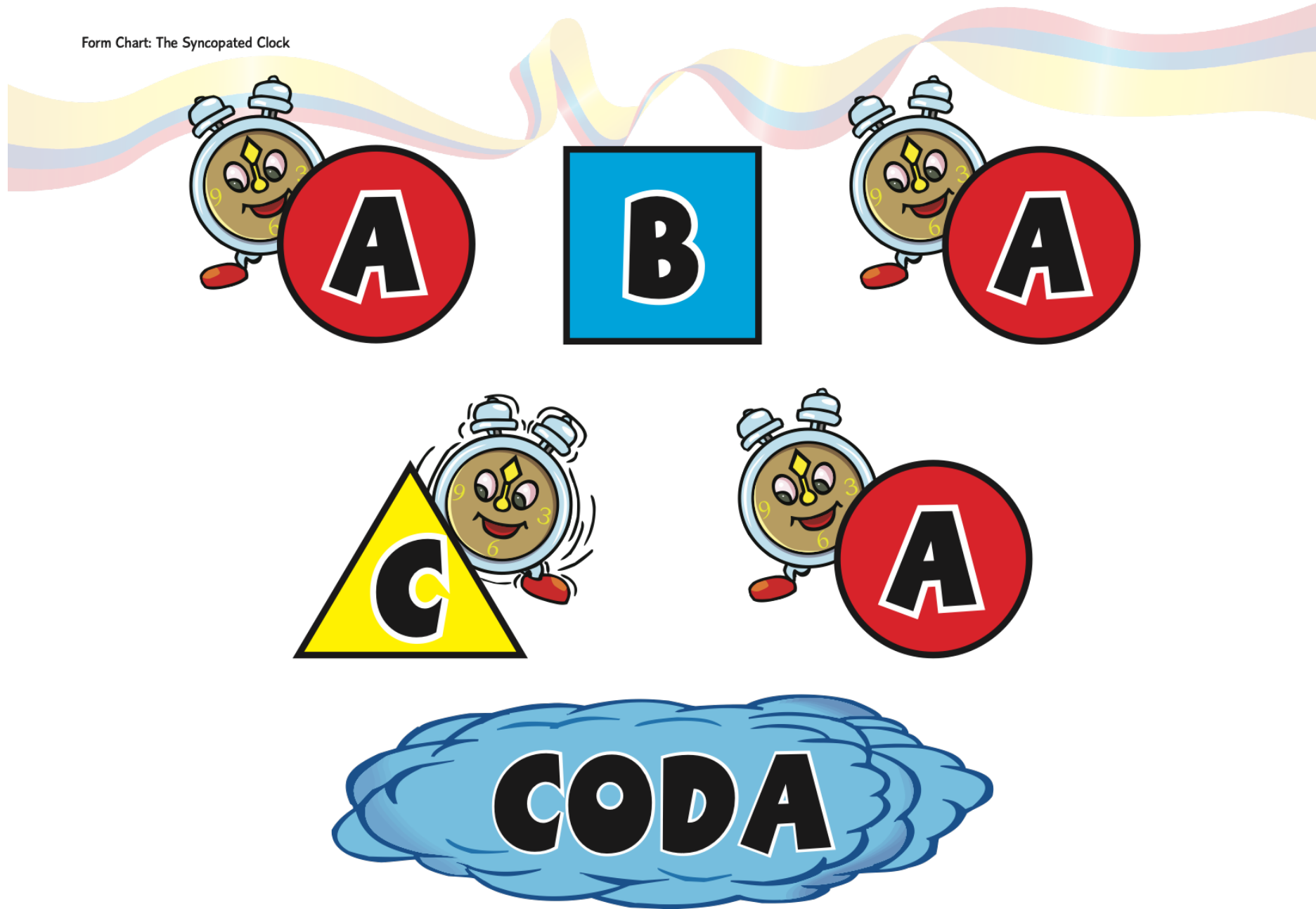
**CLINICIAN: ARTIE ALMEIDA
TUESDAY, JULY 21, 2020
3:00-4:00 PM**



THE SYNCOPATED CLOCK

A FORM LESSON USING SCARVES

A lesson from Artie's resource book titled
Parachutes, Ribbons and Scarves, Oh My!



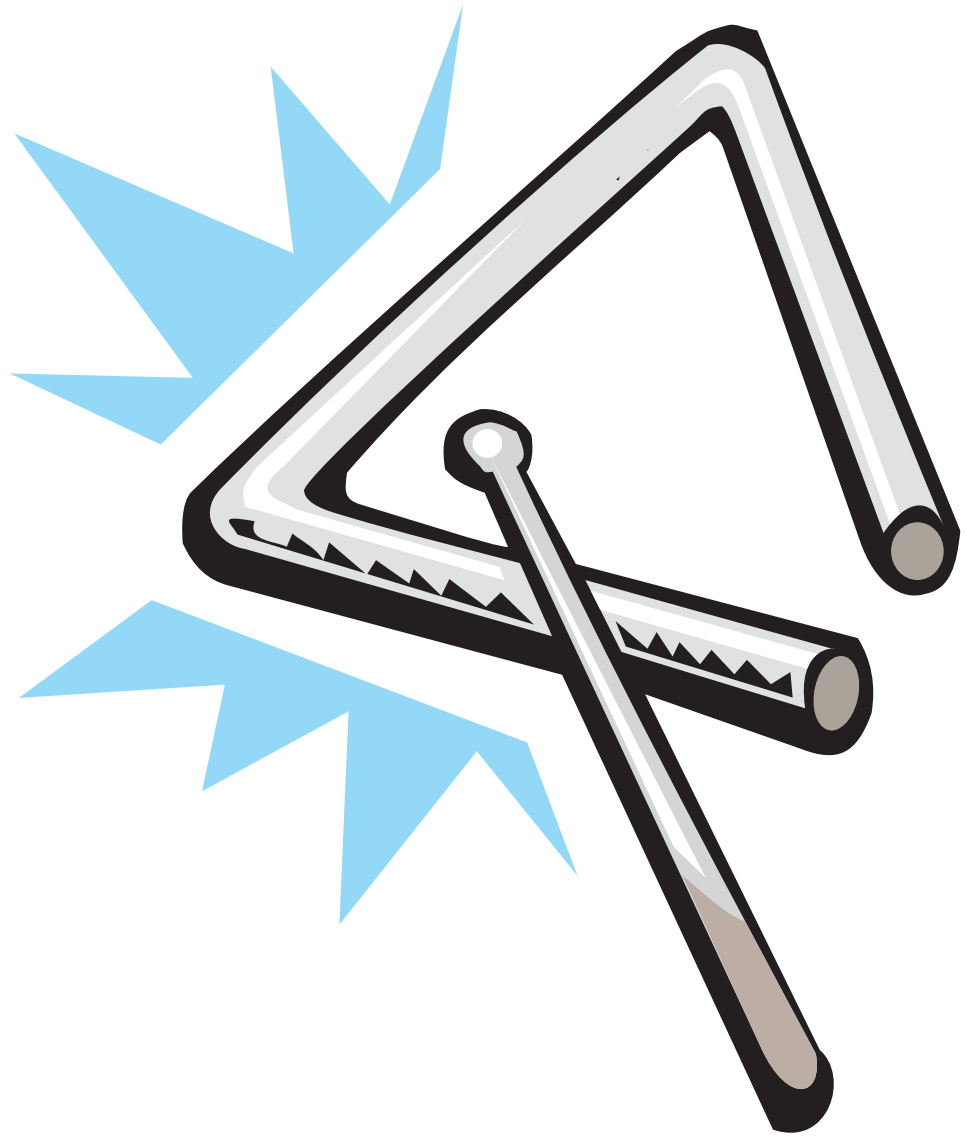
A decorative border of small, solid-colored dots in red, yellow, green, blue, and pink surrounds the central text.

Staccato

The word "Legato" is written in a dark blue, elegant cursive script. It is surrounded by six decorative curved lines: three in blue and three in green, arranged in a circular pattern around the text.

Legato

The original purchaser of *Parachutes and Ribbons and Scarves, Oh My!* (30/2626H) by Artie Almeida has permission to reproduce this page for use in his or her classroom setting. © 2011 Heritage Music Press, a division of The Lorenz Corporation.



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**STATUES GAME CARDS
ARE IN A
SEPARATE DOCUMENT
FOR DOWNLOAD**

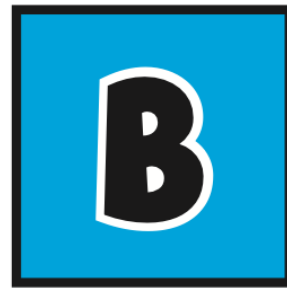


“TREPAK” FROM THE NUTCRACKER

(A PARACHUTE ADVENTURE!)

A lesson from Artie’s resource book titled
Parachutes, Ribbons and Scarves, Oh My!

Form Chart: "Trepak (Russian Dance)" from *The Nutcracker*





WHO LET THE DOGS OUT

A GUIDED LISTENING LESSON WITH PLASTIC PLATES

Originally presented at the
Artie & Denise Symposium #8
Las Vegas, Nevada 2017



Who Let the Dogs Out

Plastic Plate Routine

Opening Refrain: Clap on "Who" - Up to Right, Up to Left, Down to Right, Shimmer up 4 beats

Verse 1: (:15) (Tap Head 4X, Tap Shoulders 4X (4 sets)

Refrain: (:30) Clap plates on "Who" - Up to R/Up to L/Down to R/Down to L

Interlude: (:44) 8 beats of Floppy Ears/8 beats of Tail Wags

Verse 2: (:56) 4 plate claps in front/4 in back (4X)

Refrain: (1:10) Clap plates on "Who"- Up to R, Up to L, Down to R, Down to L

Interlude: (1:25) 8 beats of Floppy Ears/8 beats Tail Wags
8 bts Ears/8 bts Wags/4 bts rub plates, 4 beats howl

Refrain: (1:44) Clap plates on "Who"-Up to R, Up to L, Down to R, Down to L

Interlude: (1:58) 8 beats of Floppy Ears/8 beats of Tail Wags

Verse 3: (2:08) 8 beats of The Sprinkler,
8 beats Cabbage Patch (4 sets)

Refrain: (2:23) Clap plates on "Who" - Up to R, Up to L, Down to R, Down to L

FADE OUT, IF DESIRED

Additional Lesson Thoughts:

Songs: Rags, Old Blue, Bingo

Booktime: How Much is That Doggie in the Window?





STAND UP, SIT DOWN!

AN ACTION SONG FROM MK8

Originally presented at the
Artie & Denise Symposium #7
Chicago, Illinois 2016



Stand Up

MK8 Magazine, Vol. 14, Issue 4

https://www.musick8.com/store/alphadetail.php?product_group=1265



Stand up	Sit down	Stand up	Turn 'round
Turn back	Sit down	Stand up	Sit down
Stand up	Sit down	Reach up	Reach down
Reach up	Stand up	Reach down	Sit down



LA RASPA!

A STRETCHY BAND ROUTINE FOR RONDO FORM

Originally presented at the
Artie & Denise Symposium #9
Herndon, Virginia 2018



La Raspa



(Focus: Rondo Form, Brass & Strings)

A Sections = Hold band at waist, 3 kicks/1 rest (8X)

**B Section = Walk in 4 beats raising band,
Walk out 4 beats lowering band (4X)**

**C Section = Pass band from hand-to-hand,
Right 16 beats, Left 16 beats**

**D Section = "Cross river" (stepping beat around circle),
"Rope" above head (16R-16L)**

**E Section = Shake 4 measures from outside (go under)
Shake 4 measures from inside (go under)
Repeat (Beware of 9-measure phrases!)**



“TRePAK” FROM THE NUTCRACKER

(AN OCEANIC ADVENTURE!)

Originally presented at the
Artie & Denise Symposium #9
Herndon, Virginia 2018

TREPAK FROM THE NUTCRACKER SUITE

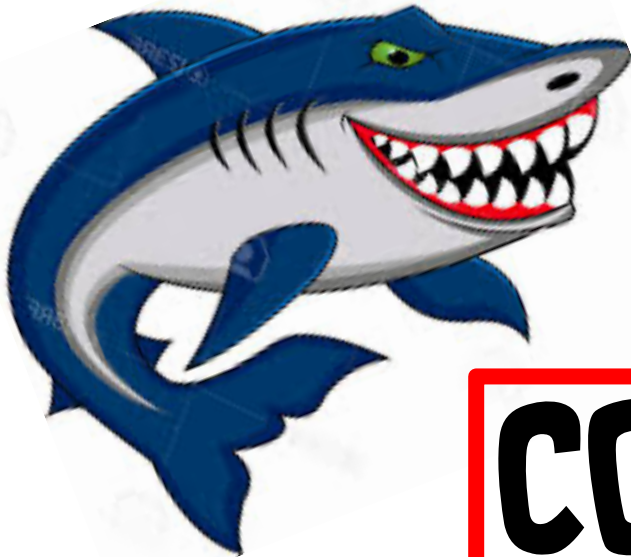
A



A



B



A



CODA