

BUILDING A RHYTHMIC FOUNDATION



Artie & Denise Online Odyssey 2020

Session # 1, 7/21/20, 9:45-11:00 am

Clinician: Artie Almeida, Ed.D.



1. Chair Rhythms/Son of Chair Rhythms/Rhythm Remix

Chair Rhythms: Four chairs represent a measure of music. Use children's bodies, seated in chairs, to represent note values. Begin with quarter notes and rests, divide beats into eighth notes. Show half notes, then finish with "whole note man!"

Son of Chair Rhythms: is played by displaying a variety of rhythm cards on the board. The teacher chooses one and assigns a child to place classmates into the correct chairs to form the rhythm pattern. A variation of this game is for the teacher to place students (notes) into the measure (chairs) and have another student find the rhythm card that matches.

Rhythm Remix: One child in each chair, representing a single beat. Teacher claps pattern, student must pick up note or rest card to show what is on their beat.

2. Sevens: Body Percussion Lesson with Drum Transfer

(YouTube Location: Search Clapping Games, then Sevens. Two girls demo)

The form is A-B-C-D-C-B-A. 1st time= BP, 2nd time = add tubanos.

Our speech cues as we're learning:

Section A: 1-2-3-4-5-6-7 (repeat)

Section B: 1-and-2-and-3-and-4, (repeat)

Section C: 1-2-3-1-2-3-1 (repeat)

Section D: Criss-cross-1-2-3-2-1 (repeat)



3. Poison Rhythm Pick a rhythm to be the poison rhythm and display on board (or just show it). Begin clapping patterns for students to echo. If you clap the poison rhythm and anyone claps it back to you (even just the first note!) they are "poisoned." They scream, fall back on the floor and wait for the paramedics to arrive. Move quickly through lots of patterns. If you do three turns in a row with no one being poisoned – students win!

4. NoteMan!

This fabulous activity was sent to me by Ashley Brown and Shari Wright, two elementary music educators from North Carolina. They have graciously allowed me to share this wonderful resource with you. I use this as my springboard into a Sidewalk Chalk NoteMan Gallery. The children called them "NoteDudes" and "NoteChicks." © I get the large, colorful sidewalk chalk at Walmart.

5. Pipe Cleaner Note Galleries

Start a piece of interesting background music and ham it up as the "note artist." My music for today was "Anywhere Is" by Enya. Using large pipe cleaners, start with a whole note, then half, quarter, beamed eighths, single eighth, quarter rest. Then pass out small pipe cleaners to children and create the notes one at a time. Children should lay them out in order (largest to smallest value) in front of them in a row. Start a new piece of music and have the students walk through the Note Gallery, enjoying all the great efforts of their classmates. I got my huge pipe cleaners at Lakeshore Learning. I got the small pipe cleaners – which are called Chenille Stems – through our county supply warehouse. I used 12" X 18" pieces of black felt for our "Note Placemats," which makes it much easier to see the notes on the rug.

6. Booktime: Alexander & the Terrible, Horrible, No Good, Very Bad Day (Judith Viorst)

Focus: NPP Timbres, Steady Beat, Rhythm Patterns. Prepare four buckets of NPP: Woods, Metals, Shakers, Skins. Place some ordinary and some exotics of each group into the buckets. Display flash cards for the 6 parts of the refrain: (1) Terrible! (2) Horrible! (3) No Good! (4) Very Bad! (5) Day! and (6) Australia. The performance order for the rhythms is Woods, Metals, Shakers, Drums, All. And on the word “Australia” all instruments play a roll, with a crescendo/decrescendo directed by the teacher.



7. Old Brass Wagon: Body Percussion transferred to Non-Pitched Percussion

(Source: *Percussion Parade* book by Almeida) **Focus: Timbre, Sixteenth Notes, Rhythm Patterns, Audiation.** This lesson works best if students are already familiar with the melody of the folk song. Review the song with children and display the Body Percussion visual. Sing, while adding the BP in the following order: (1) Pats, (2) Pats/Snaps, (3) Pats/Snaps/Claps, (4) Pats/Snaps/Claps/Head Pats, (5) Pats/Snaps/Claps/Head Pats/Stamps. Repeat the song, while audiating the lyrics of each BP part as it is added. Transfer this to Non-Pitched Percussion: Pats = Shakers, Snaps = Woods, Claps = Metals, Head Pats = Skins, Stamps=All.

9. Popcorn – Kickball Routine (My recording was *Popcorn: Re-Recorded*)

Focus: Note Values, AABA Form. See score for detailed movements. Practice each section. Discuss repeated patterns. Emphasize safety with the kickballs, not throwing above head due to light fixtures, etc. I downloaded the piece from iTunes. Another available recording is *Popcorn* by Hot Butter.



About the Clinician

Dr. Artie Almeida recently retired after 37 years of teaching in the public schools. She was the music specialist at Bear Lake Elementary school in the Orlando FL area, where she taught 1200 K-5 students. Her dynamic student performing groups have performed for AOSA, NAFME, Florida Music Educators Association, Georgia Music Educators Association, Walt Disney World, many general education conferences and on the NBC Today Show. Look for *The Bear Lake Sound* in the upcoming music education advocacy documentary “Marching Beyond Halftime.”

Artie was chosen as Florida Music Educator of the Year and was also selected as an International Educator 2006 by the Cambridge England Biographical Society. She was a Teacher of the Year at the school level 6 times, Seminole County Teacher of the Year, Runner-Up for Florida Teacher of the Year, and was recently chosen as a University of Central Florida Alumni of the Decade. Artie is included in the publications *Who’s Who in American Education*, and *Great Minds of the 21st Century*.

Artie was an adjunct professor of music education at the University of Central Florida for 34 years, the saxophone instructor at Valencia State College, the Music & Movement instructor at Seminole State College and a saxophone performer and teacher. Additionally, she performs early music with Ars Antiqua and the Halifax Consort.

See next page for a complete list of Artie’s Teaching Resources

Artie's Teaching Resources

Woods, Metals, Shakers, Skins

Hoop Group Activities for Your Active Music Room

Percussion Parade

The Wonderful World of Non-Pitched Percussion

Artie's Affirmations

21 Educational and Inspirational Posters for Every Music Classroom

Adventures with the Orchestra

A complete instructional unit to bring the orchestra to your students

KidStix

Rockin' Repertoire for Rhythm Readiness

Music Madness!

Totally Terrific Interactive Games

Get to the Point!

A Collection of Pointing Pages and Powerful Plans

Parachutes and Ribbons and Scarves, Oh My!

Listening Lessons with Movement Props

Mallet Madness Interactive CD-ROM and Mallet Madness Strikes Again!

Interactive CD-ROM

SMART and Promethean editions of whiteboard lessons with PowerPoint materials to support your favorite resources

Mallet Madness

A collection of engaging units for using mallet instruments and drums in the music classroom

Mallet Madness Strikes Again!

A collection of engaging units for mallet instruments and drums

Recorder Express

Soprano Recorder Method with CD

Proficiency Packs

Each pack includes 30 student cards on brightly colored, sturdy card stock and a teacher's guide

- #1—Rhythm Rockets
- #2—Sneaky Snake (vocabulary)
- #3—Beat Strips and Rhythm Markers
- #4—Doggone Dynamics
- #5—Melody Mice
- #6—Percussion Discussion (with CD)
- #7—Mood Meters (with CD)
- #8—Ensembles for Everyone (with CD)
- #9—Style Dials (with CD)
- #10—Super Singers (with CD)

Artie's Jazz Pack

CD included • Games and Activities for Teaching About Jazz in the Classroom



Artie Almeida



Visit www.artiealmeida.com to learn more about and purchase these and other exceptional teaching resources from Artie.